

- All gymnasts under the age of 18 are to be brought into and collected from the foyer for each class. Parents or guardians are not to drop their children in the car park or wait for their child in the car park.
- Attendance will be taken for each class.
- Once the gym class has commenced, gymnasts are under the supervision of the coaches.
- Gymnasts are not permitted to leave the building unless accompanied by a parent or guardian.
- Gymnasts to arrive at least 5 minutes prior to the commencement of the class. If a child is late, a PVUGG representative will escort them to their allocated class to minimise noise and distraction.
- If parents or guardians wish to speak with a coach this is to occur once a class has finished.
- Parents or guardians are not permitted to stay and watch their child's class as this can be a safety issue. Parents or guardians are welcome to stay for their child's first class.
- The direction of coaches must be followed at all times.
- Food and drink, other than water, are not permitted in the gym area.
- Bring a water bottle and leave it in a designated area. Please ensure all water bottles are labelled with the child's full name. Any water bottles without a name label will be thrown out at the end of the night.
- Chewing-gum is a banned within our gym; this includes parents and coaches as well as children.
- Hair must be out of the face, long hair tied back, and all jewellery must be removed.
- It is suggested that clothing worn for gymnastics classes should be tight fitting as loose clothing can impede a child's ability to do activities safely. Recommended attire: Bike shorts, leggings, crop top, leotards, T-shirts or singlet top. Gymnasts should avoid wearing anything with zips or hoods.
- It is the child's responsibility to take themselves to the toilet. In the event assistance is required this will be provided with a minimum of two coaches or two PVUGG representatives.
- No one is allowed on equipment unless they are participating in the gym class being run at that time.
- Coaches must be made aware of any injuries or illnesses your child currently has which may affect their participation.
- Gymnasts who are suspected of having a contagious condition, such as chicken pox, head lice or conjunctivitis etc, will not be able to participate in the class and a parent or guardian will be notified by a coach for the child to be collected.
- If a gymnast brings a mobile phone to the gym, it must be switched off or on silent and is not permitted to be used during class.
- In the event that a parent or guardian needs to be contacted during class, coaching staff will make contact via phone call directly.
- No photography or videoing of children is permitted during classes.
- The kitchen area, piano, switchboard, stage, defibrillator, storage cupboard and any other area named by the coaches is out of bounds to all persons except coaches unless under special instruction.
- Do not touch or obstruct the Fire Hose Reel, Fire Extinguishers at any time, or obstruct any exit.
- PVUGG is a Smoke Free Environment, this includes in or near the building, grounds and carpark.
- In the case of an evacuation, parents or guardians must not take their children unless they have been released by a coach or a PVUGG representative.